

*Talk it over...*

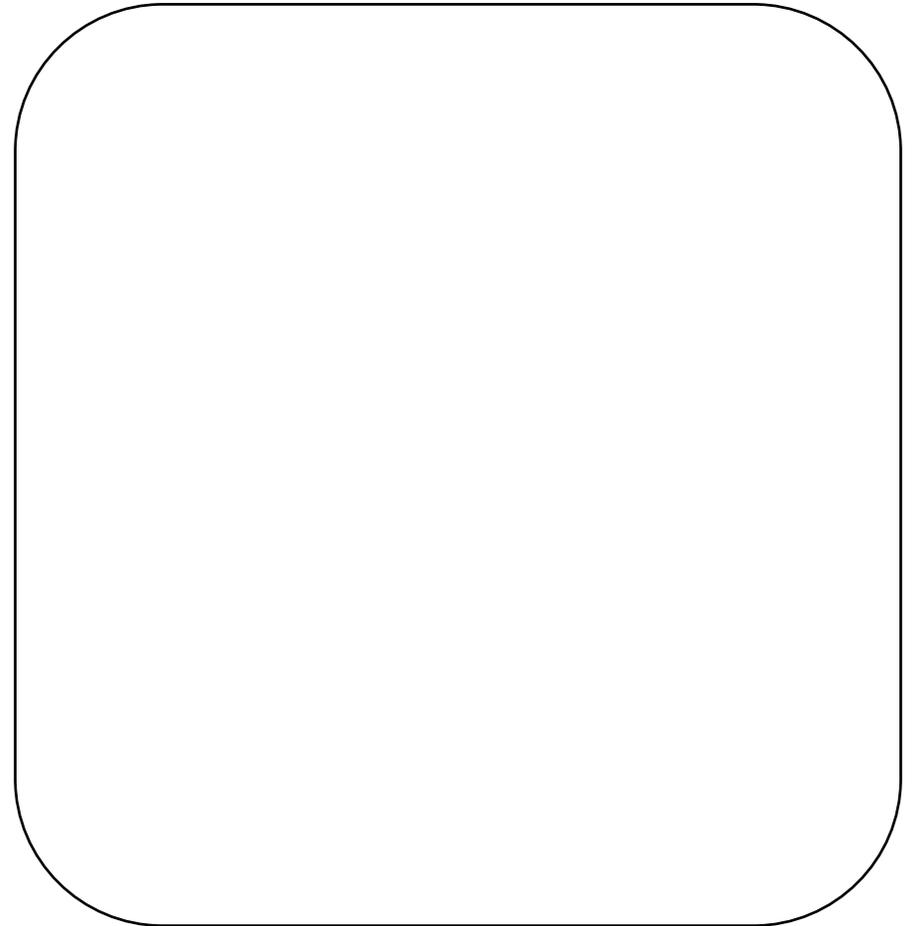
*With a grown up, talk about these questions:*

- What does it mean to trust someone?
- What pictures did we see in the Psalms about trusting God?
- Is it easy to trust God? Why or why not?
- Which bits of your life do you particularly need to trust God about at the moment?

*Talk to God...*

God, thank you that I can trust You. Thank you that You never change and You always love me. Help me to learn what it means to really trust You. Show me where I can trust You more. Amen.

This week we thought about trusting God, and we looked at some Psalms which helped us imagine pictures of what trusting God is like.



*Use this space to draw pictures of what it's like to trust God, or what God is like that means we can trust.*

*With a grown up, make a list of things that we trust – for example: money, the car we drive, the roof on our house... For each thing you come up with, talk about how God is like that thing.*

We put our trust in...	God is like that because...

### *Make a trust line*

You will need:

- Card- different colours if you have it
- Felt tips
- Scissors
- String
- Small pegs (from a craft shop)

1. Cut your card into squares about 5cm along each edge.
2. Write a big letter on each piece of card. Start with one of each letter of the alphabet. You'll need to have lots of blank squares too so that you can add letters when you need them. You can decorate the letters if you like.
3. Ask a grown up to help you to make a washing line with string, either on a wall or across the room if you like.
4. Now you can peg your letters onto the string.
5. Think about something that you need to trust God about at the moment and peg those letters onto the washing line. Maybe school or family or friends...
6. You can change the letters whenever you want to.
7. This is a good way of reminding yourself to trust God. This is one way that we can pray.