

KIDS CLUB BY POST

Weekly Pack 24
07/09/20

Bread from heaven

Story and activities to do at home
while we are unable to meet.

Dont worry if you don't do everything in here.
Just do what you fancy and have fun!



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Mae yna
fersiwn
Cymraeg
ar gael
hefyd

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Story



New Living Translation

Then the whole community of Israel set out from Elim and journeyed into the wilderness of Sin, between Elim and Mount Sinai. They arrived there on the fifteenth day of the second month, one month after leaving the land of Egypt. There, too, the whole community of Israel complained about Moses and Aaron.

"If only the Lord had killed us back in Egypt," they moaned. "There we sat around pots filled with meat and ate all the bread we wanted. But now you have brought us into this wilderness to starve us all to death."

Then the Lord said to Moses, "Look, I'm going to rain down food from heaven for you. Each day the people can go out and pick up as much food as they need for that day. I will test them in this to see whether or not they will follow my instructions. On the sixth day they will gather food, and when they prepare it, there will be twice as much as usual."

So Moses and Aaron said to all the people of Israel, "By evening you will realise it was the Lord who brought you out of the land of Egypt. In the morning you will see the glory of the Lord, because he has heard your complaints, which are against him, not against us. What have we done that you should complain about us?" Then Moses added, "The Lord will give you meat to eat in the evening and bread to satisfy you in the morning, for he has heard all your complaints against him. What have we done? Yes, your complaints are against the Lord, not against us."

Then Moses said to Aaron, "Announce this to the entire community of Israel: 'Present yourselves before the Lord, for he has heard your complaining.'" And as Aaron spoke to the whole community of Israel, they looked out toward the wilderness. There they could see the awesome glory of the Lord in the cloud.

Then the Lord said to Moses, "I have heard the Israelites' complaints. Now tell them, 'In the evening you will have meat to eat, and in the morning you will have all the bread you want. Then you will know that I am the Lord your God.'"

That evening vast numbers of quail flew in and covered the camp. And the next morning the area around the camp was wet with dew. When the dew evaporated, a flaky substance as fine as frost blanketed the ground. The Israelites were puzzled when they saw it. "What is it?" they asked each other. They had no idea what it was. And Moses told them, "It is the food the Lord has given you to eat. These are the Lord's instructions: Each household should gather as much as it needs. Pick up two quarts for each person in your tent."

So the people of Israel did as they were told. Some gathered a lot, some only a little. But when they measured it out, everyone had just enough. Those who gathered a lot had nothing left over, and those who gathered only a little had enough. Each family had just what it needed.

Then Moses told them, "Do not keep any of it until morning." But some of them didn't listen and kept some of it until morning. But by then it was full of maggots and had a terrible smell. Moses was very angry with them. After this the people gathered the food morning by morning, each family according to its need. And as the sun became hot, the flakes they had not picked up melted and disappeared. On the sixth day, they gathered twice as much as usual—four quarts for each person instead of two. Then all the leaders of the community came and asked Moses for an explanation. He told them, "This is what the Lord commanded: Tomorrow will be a day of complete rest, a holy Sabbath day set apart for the Lord. So bake or boil as much as you want today, and set aside what is left for tomorrow."

Exodus 16:1-23 Beibl.net

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Simple version

The Israelites were fed up of travelling through the desert. They complained to Moses, "Why did you bring us here? We had enough food in Egypt, we are starving."

God told Moses "I am going to make food rain down on you. They must collect enough for each day.

Moses and Aaron told the Israelites "God has heard you complaining, God led you from Egypt and God is going to feed you as well, you will see how overnight."

That night a large flock of tiny birds called quail flew into the camp and they caught some for their supper.

The next morning the people saw white things on the land. "This is the bread God promised you" Moses told them. They called the bread "Manna." They collected enough bread for that day. The bread came down from heaven daily apart from Saturday - the Sabbath. The Sabbath was a day given by God as a day of rest.



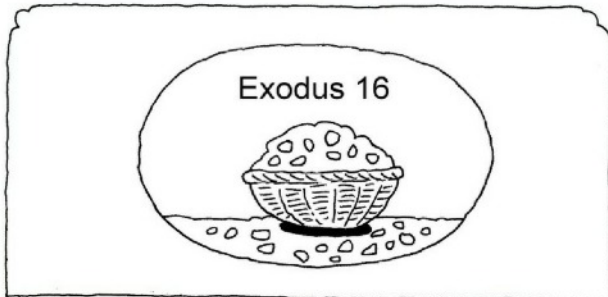
Story to colour

MOSES - bread from heaven

Print Free: www.lambsongs.co.nz

By Jill Kemp

Illustrated by Richard Gunther



When the children of Israel
had nothing to eat,
Moses prayed and God sent
bread down from heaven.



The children of Israel
followed Moses into the desert,
but there was nothing to eat.
"We should have stayed in Egypt," they said.



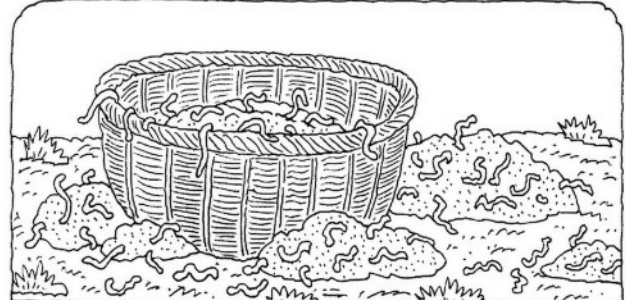
Everyone was hungry.
Moses asked God to help them.
"I will send bread from heaven,
for the people to eat," God said.



The next morning,
the ground was covered with
something small and round.
"Bread from heaven!" they said,



God has sent manna for us to eat."
They filled their baskets
and took the manna home to cook.
It tasted like honey biscuits.



God said, "Only take enough for one day."
But some people forgot.
Next morning the manna left
over was full of worms.



God told Moses,
"Today get enough manna for two days.
Tomorrow is a day to rest.
It is a day for thanking God."



The next day there were no worms!
God looked after the children of Israel
when he sent bread from heaven.
God looks after you too!

Colouring



© Crafting The Word Of God

“I have heard the Israelites’
complaints. Now tell them, ‘In the
evening you will have meat to eat,
and in the morning you will have all
the bread you want.’ ”

Exodus 16 verse 12a

Questions to discuss

After reading the story together, you could discuss these questions as a family:

1. What is your favorite food? How would you feel if you didn't get it for a very long time?
2. Why were the Israelites complaining?
3. What did God give them?
4. How has God cared for you today?



Puzzles

What did they eat?

Unjumble the letters of the words and write them in the boxes.

Now write the letter in each yellow box on the yellow grid to show what God gave the Israelites to eat in the morning.

MOSSE

--	--	--	--	--	--

PACLIMON

--	--	--	--	--	--	--	--

EVENAH

--	--	--	--	--	--

GRIMNON

--	--	--	--	--	--	--

YIDLA

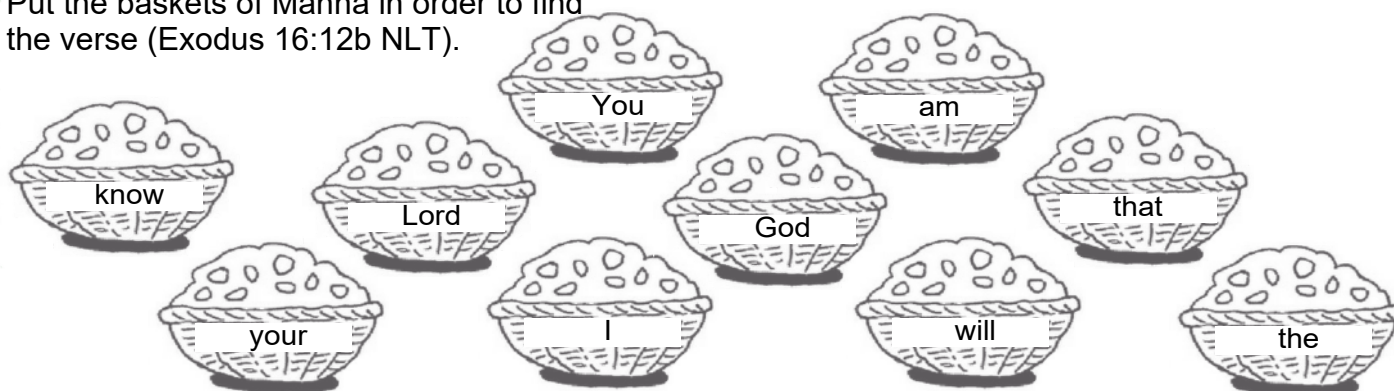
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Verse

Put the baskets of Manna in order to find the verse (Exodus 16:12b NLT).



Short prayer

Oh God, thank You that you know what I need before I even ask You for it.

Thank You for all the delicious and good food I get to eat.

I'm sorry for complaining sometimes.

Please help all the children of the world who don't have enough.

Amen.



Wordsearch

O O P C A S L Y C M R E S T Y T O J
 S T X A U Q J S G Y M N H W N Y X W
 R H O H S R S P E V E N I N G L L P
 A T E S T I N S T R U C T I O N S V
 I E L R N L Y L I D A D K R M X T U
 N T R I E W X Q A H Z M E Q Z A I A
 Z Y M F O O D E B R G G X V C M M W
 S F O G K Z R J G F A E P Y F V O I
 A D S M Y B M N R P W F L V B H R L
 B P E A L R I W W U Y F A K L E N D
 B H S P U V P N D V C C N J T L I E
 A M O Y R F U X X Q O E A P A B N R
 T Q U A I L K O D N M J T H G A G N
 H Z T C J L R W A O P C I Y S N A E
 P S U H S K V O N W L D O F M F T S
 V G A L B R B G D R A F N V G S H S
 F J X G H S H D E V I C B S V L E X
 U M E A T I T N W N N C Z T K F R D

WILDERNESS
 COMPLAIN
 STARVING
 RAIN
 FOOD
 TEST
 INSTRUCTIONS
 MEAT
 QUAIL
 BREAD
 DEW
 GATHER
 MORNING
 EVENING
 MOSES
 EXPLANATION
 SABBATH
 REST



Links

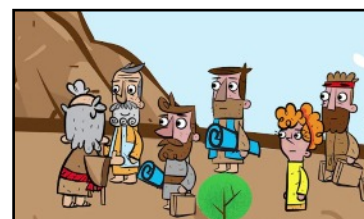
Puppet sketch: Moses - Manna from heaven https://youtu.be/urPtN_2LTn0

Video of song of the week <https://youtu.be/nYq6bMqUTBY>

Video of the story <https://youtu.be/Kfvz8hAzyek>



Cartoon of the story <https://www.youtube.com/watch?v=ogfVBP35U-U>



Information about Guardians of Ancora - a free game app. <https://guardiansofancora.com/>

Pole & Hannah's Sunday Club in a stable (subscribe free)

<https://www.youtube.com/channel/UCcVWq9xFIKOiE6ZVSBbJPQw>

Other resources: <https://www.prayerspacesinschools.com/prayer-spaces-at-home>

Challenges

Crisp circle

Can you make a vertical circle out of 'Pringles' (or similar crisps)?



What is it?

Why not have a taste test with your family? Everyone in turn wears a blindfold and tries to guess what the dip is.

You will need:

- 3 or 4 different 'dips' e.g. salsa, hummus, cheese dip, sweet dip
- Strips of vegetables or biscuits/crisps
- A blindfold

Remember the competition!

The challenge is to make a collage of the story of the Israelites crossing the Red Sea using different materials. When you've finished, ask a parent to take a photo and email it to

ahughes@saintygymuned.org

by Monday 14th September 2020.

Don't forget to include your name and age.

The competition is open to those aged 12 and under.

The winning pictures will be announced in a pack later in September and the winners will receive a prize.



Craft

Bread Clay & Game



Bread Clay

To make the bread clay pieces you will need:

3 slices of White bread,
2 tbsp PVA glue, paint, mixing bowl, foil, 4 desert bowls, knife,



1. Cut crusts off 3 slices of white bread.



2. Tear the bread up into very small pieces & place in mixing bowl.



3. Add glue to the bread a little at a time while mixing with a spoon. The bread & glue will come together into a ball as you mix.



4. Get mixture out of bowl & use your hands to knead until the clay becomes smooth & you can't see any bread pieces. (very messy but worth it!)

5. Add more glue if the clay is crumbly and add more bread if the clay is too tacky.

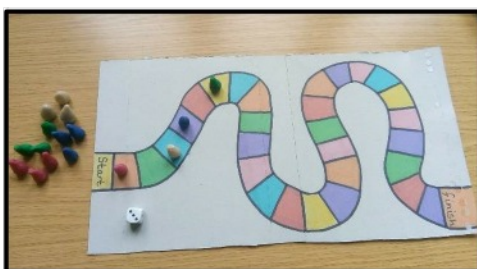


6. To make game pieces divide the clay into 4 & place in bowls. Add a blob of paint & use hands to knead thoroughly to get an even colour.



7. Roll the clay into a snake & cut 4 even pieces. Use your hands to shape the clay into desired shapes & sizes. Let the clay dry for one or two days before using them.

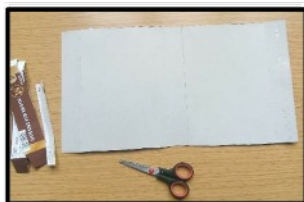
You can make beads for a necklace or bracelet using bread clay!
Roll the clay into a snake & cut even pieces. Roll each piece into a ball & then use a wooden skewer to make a hole through the middle. Let the beads dry before making into a necklace.



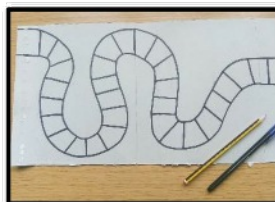
Game Board

To make the game board you will need:

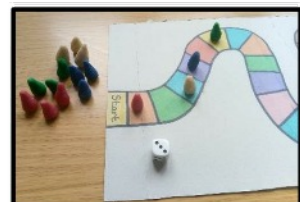
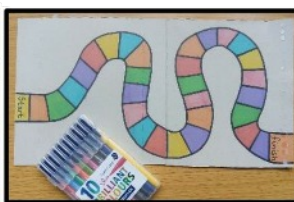
Empty food box,
Pencil, felt pens, scissors.



1. Carefully open box & cut off tabs.



2. Draw your game board & colour in.



3. Get a dice & bread clay game pieces.

Your game is ready to use!

Decide how you are going to play your game & write some rules. Get some players & have some fun!

Creative prayer

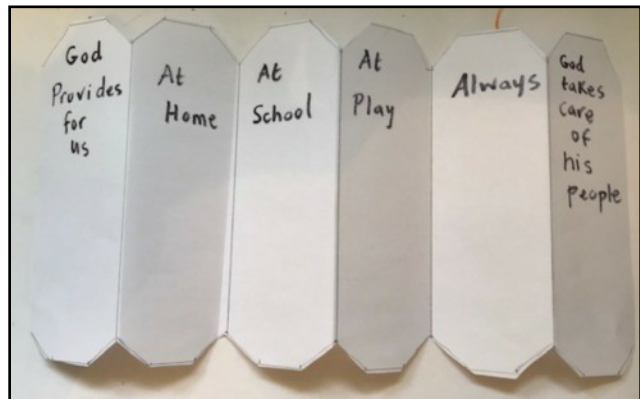
Prayer booklet

Make yourself a prayer booklet (see picture)

We've seen this week how God provided for God's people.
When we ask God to provide for us He will. All we have to do is trust Him.

Each day pray for something using your prayer booklet.
Remember, God cares for His people.

Pray that God will provide for us at home,
at school, at play, praying always in the
name of Jesus.
Amen.



Thankyou pot

Sometimes we can take all the good things we get every day for granted.
This is an opportunity for you and your family to give thanks every day.

You will need:

- Empty jar or pot
- Stickers, ribbon, buttons, wool or string to decorate
- Glue
- Scissors
- 'Post-it' notes or scraps of paper
- A pencil or pen

What to do:

Make the thankyou pot

Use the stickers, ribbon, buttons, wool or string to decorate your jar to make a thankyou pot.

Pray

- During the day, ask everyone in your family to write something they are grateful for on one of the little notes and put it in the thankyou pot.
- Invite everyone to do this throughout the week.
- At the end of the week, perhaps when you are together as a family having food, look at all the papers in the pot.
- Say thank you to God for them.
- Start again the following week.



Recipe

Manna biscuits



Ingredients:

- 1/2 cup of butter
- 1/2 teaspoon of vanilla essence
- 1 cup of sugar
- 2 eggs
- 2 cups of flour
- 2 teaspoons of honey

Method:

- Beat the cream and sugar into cream; add the eggs and mix well.
- Add the honey and vanilla.
- Slowly mix in the flour.
- Drop half tablespoons of the mixture onto baking paper and bake at 200C (400F) for 8 minutes.
- Tip - watch them as these can burn easily!



Sing

Out in the desert,
Camping and walking,
getting in a mood;
Thinking of Egypt's
meaty menu as
we run low on food.

We moaned at Moses,
he told the Lord, who
promised to provide
Quail in the morning
Manna in the evening
The food that He supplied.



Sunday, and Monday,
Tuesday, and Wednesday,
Thursday, on Friday,
We collected more -
Manna and quail
For all Israel
Seemed like for evermore.

Bread of heaven,
Bread of heaven,
Feed me now and evermore.
Feed me now and evermore.

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Watch this song on video at <https://youtu.be/nYq6bMqUTBY>

For a copy of the sheet music, contact Andy Hughes - ahughes@saintygyuned.org



Games



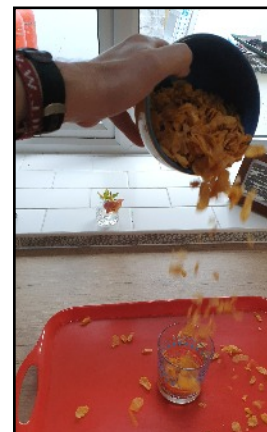
Falling from heaven!

You will need:

- A bowl of cornflakes or similar
- A cup or glass on a tray

How to play:

- Each player takes turns to pour the cornflakes out of the bowl 30cm above the glass/cup.
- Who can collect the most in their glass by pouring?



Collect the balls game

In our Bible story, the people had to collect the bread God sent from heaven every morning.
In this game the balls need to be collected in a different way!

You will need:

- A big hula hoop for everyone who's playing
- Balls
- String/rope
- Scissors

How to play:

- Tie string to the hula hoop - long enough string for you to throw the ring like a lasso.
- Put balls out in the garden somewhere you can play safely.
- Use the hoop to catch the balls and pull them to you. Throw the hoop like a lasso while keeping hold of the other end of the string.
- The player who collects the most balls wins.



Rice or pasta?

People in the story were given bread from heaven (manna) in the morning and meat at night (quail - a kind of bird). I wonder what you and your family like to eat? Here's a game to find the answer.

You will need:

1. 2 or more players
2. List of questions

How to play:

- Use the questions in the list or think up your own.
 - Everyone is allowed to answer every question, and say why they are making their choice.
- | | |
|---------------------------------------|---|
| 1) Breakfast or lunch? | 11) A sandwich or toast? |
| 2) Fried or boiled egg? | 12) Apple or banana? |
| 3) Bacon or sausage? | 13) Fish or meat? |
| 4) White bread or brown bread | 14) Curry or lasagne? |
| 5) Apple juice or orange juice? | 15) KFC or McDonald's? |
| 6) Mash or baked potato? | 16) Chips or salad? |
| 7) Hot dog or burger? | 17) Pringles or Doritos? |
| 8) Apple tart or lemon tart | 18) Salt 'n vinegar crisps or cheese and onion? |
| 9) Strawberry or chocolate ice cream? | 19) Coke or Pepsi? |
| 10) Rice or pasta? | 20) Haribos or chocolate? |

